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THE TRANSFORMATION GAME™



The Transformation Game™ is a tool of great wisdom and effectiveness helping the players to reach, without being imposing, the necessary awareness to clarify and transform both our own problems and the way we live our life.

In a confidential, respectful and harmonious atmosphere, the Game fosters the understanding and overcoming of setbacks and difficulties, it encourages the expression and expansion of our own energies and potentialities, offering the players a wider and deeper vision of their own cultural models. It also helps them to find new answers to the situations that life presents, in full respect of their own path of personal growth.

Price:

- a) € 200 per person for 1½ day of course
- b) € 450 per person for the 2½ days course, **residential course** all included

Participant:

minimum 3 people and a maximum of 6

Duration:

minimum 1 day – maximum 2½ days (residential course)
(depends from the number of participants)

The price includes:

day of course:

the course
course materials
1 lunch
coffee break

Residential 2½ days course:

the course
course materials
coffee breaks
full board
hotel accommodation 2 nights with breakfast in double room
free entrance to the Spa (swimming pool, jacuzzi)

The price does not include:

Transport - Tips and personal expenses and anything not specifically mentioned.

The course can be arranged during the whole year.



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How to play

The Transformation Game™ can be played individually or in group (from 3 to 6 players). To play you need to establish two purposes: one relating to what you intend to receive and the other about what you intend to offer.

In this work aiming to rediscover your own qualities and discover what sets you back in reaching your goals, as a player you will be assisted by a facilitator, a professional figure specifically trained to guide the player and clarify for him/her the various opportunities that the Game offers, together with its rules, as well as to help deepening the experience on a personal level. When in a Group Game, the player is also encouraged and supported by the other players. It is however responsibility of the player to establish the level of depth with which he/she chooses to live this experience and neither the Game nor the facilitator will push him/her where they do not feel comfortable with.

Short History of the Transformation Game™

The Transformation Game™ was created in the seventies at the Findhorn Foundation, by Joy Drake and Kathy Tyler. Experimented within the Community, it has become one of the most required and attended workshops. Joy Drake e Kathy Tyler have established InnerLinks Inc., in the USA, a company producing the Game in its various versions; they also promote training courses to become Accredited Facilitators and ensure that only officially accredited people, therefore with an appropriate training, facilitate the Game through individual sessions or in group.

The Facilitator

Isabella M. Popani trained as a Transformation Game Facilitator more than 21 years ago, directly with the creators of the Game. Gestalt Counselor, NLP Master Practitioner, she has also completed many Trainings mainly focusing on Conflict Resolution in particular and Effective Communication. She's been leading workshops in Italy and abroad for over 20 years.

